



COVID-19 PROTOCOL

Downsize Farm encourages staff, clients, and families to work to maintain the safety of everyone involved with our organization. We encourage everyone to follow proper social distancing and use of PPE when appropriate and remain hyper vigilant to symptoms of COVID-19, especially following any vacations, parties or events. If you or anyone in your household begins to exhibit any signs or symptoms, we ask that you stay home in order to secure the safety of all other Downsize Farm Attendees.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In Order to ensure safety of all program participants and staff, Downsize Farm will also take additional measures if we know or suspect COVID-19 Exposure. Please see the protocol below.

Terms:

Close Contact Exposure

- Close contact is described as any person who has been in contact with someone who tested positive for COVID-19:
 - Within 6 feet of distance (regardless of PPE use),
 - For a cumulative 15 minutes or greater,
 - And within 24 hours prior to the person becoming symptomatic.
- All three of these factors must exist.
- Close contact guidelines still apply regardless of whether or not the individual is vaccinated or masking.

Quarantine

- We will expect clients and staff who test positive to follow quarantine guidelines outlined by CDC:
- <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

Masks

- At this time use of masks or other PPE is at the discretion of the staff, client and the individual's family. As outlined by the CDC, Clients and staff who are exposed will be asked to mask. At this time, Downsize Farm will not be requiring exposed clients and staff to mask in order to participate in services.

Testing

- Staff and clients who show symptoms may be asked to test for Covid 19.

Protocol:

1. If a client or staff tests positive:

- Client and/or staff will remain home for quarantine period from the date that the client/staff becomes symptomatic. Downsize Farm encourages all staff and clients to get tested after 5 days to confirm a negative test result.
- Any person who tests positive but does not become symptomatic may return to work after day five of quarantine.

2. If member in the household of a client or staff member tests positive:

- If the Client and/or staff can safely monitor distance from the positive family member, then that individual can choose to return to work, but will be asked to closely monitor their symptoms.

3. Clients/Staff sharing dwellings with another client/staff:

- If a member of the household tests positive, see policy 2.

4. Downsize Farm Procedures:

- Individuals and households who may have come in contact with COVID-19 on Downsize grounds will be notified within 24 hours of potential exposure. Individuals who attend programming but were not subject to exposure or potential exposure may not be notified.
- Exposed individuals are permitted to attend services. Masks are not required for individuals who were exposed, but are highly suggested. (This differs from CDC Guidelines)
- Individuals who test positive will be expected to follow CDC Isolation guidelines, including mask protocol.
- Downsize Farm reserves the right to send home staff and clients who are exhibiting signs of COVID-19, especially if there has been a known exposure. Downsize Farm may ask staff and clients to quarantine per the recommendation of our Medical Services Coordinator, and the Champaign County Health Department. Downsize Farm encourages testing to anyone exhibiting these symptoms as the return of a negative test will allow you to return to Downsize more quickly.
- Per the recommendation of the CDC, Downsize Farm encourages all staff and clients to get vaccinated if they have the means to do so. If you are unsure about the vaccine, learn more at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>.