



COVID-19 PROTOCOL

Downsize Farm encourages staff, clients, and families to work to maintain the safety of everyone involved with our organization. We encourage everyone to follow proper social distancing and use of PPE when appropriate and remain hyper vigilant to symptoms of COVID-19, especially following any vacations, parties or events. If you or anyone in your household begins to exhibit any signs or symptoms, we ask that you stay home in order to secure the safety of all other Downsize Farm Attendees.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In Order to ensure safety of all program participants and staff, Downsize Farm will also take additional measures if we know or suspect COVID-19 Exposure. Please see the protocol below.

Terms:

Close Contact Exposure

- Close contact is described as any person who has been in contact with someone who tested positive for COVID-19:
 - Within 6 feet of distance (regardless of PPE use),
 - For a cumulative 15 minutes or greater,
 - And within 48 hours prior to the person becoming symptomatic.
- All three of these factors must exist at once but Downsize Farm does reserve the right to quarantine any individual who may fit this description.
- Close contact guidelines still apply regardless of whether or not the individual is vaccinated.

Quarantine

- The period of time in which a staff or individual will be expected to stay home and will not be granted access to Downsize Farm property.
- Any person who tests positive will be expected to quarantine for at least 10 days.
- Any person who tests positive but does not become symptomatic may return to work after seven days.
- A staff or client who begins a quarantine period due to potential exposure, but that contact is substantiated with a negative test will be allowed to return prior to the end of the quarantine period.
- Downsize Farm reserves the right to quarantine staff and clients who are exhibiting signs of COVID-19.

Vaccinations and Quarantine

- Any person who tests positive for covid, whether they have been vaccinated or not, must follow the quarantine protocol.
- Any client or staff who is unvaccinated and is exposed or potentially exposed must follow the quarantine protocol.
- Any staff who is vaccinated and exposed is not required to follow the quarantine protocol.
- For any client who is exposed and is vaccinated, it will be at the team's (Individual, family, provider, and SSA) discretion as to whether or not they quarantine.

Testing

- Downsize Farm encourages all staff and clients to get tested after 10 days to confirm a negative test result. While a negative test result is not required to return to DF, the Champaign County Health Department does encourage it.
- A staff or client who is not symptomatic should wait at least 5 days from the start of quarantine or if they become symptomatic to be tested. If you have had substantiated exposure to COVID-19 a negative test will not allow you to return to work/programming earlier than the seven day quarantine period.
- If the staff or client is in quarantine for exhibiting signs of COVID-19 and is not considered a close contact, a negative test may allow the staff/client to return prior to the end of the quarantine period.

Protocol:

1. If a client or staff tests positive:

- Client and/or staff will remain home for quarantine period from the date that the client/staff becomes symptomatic. Downsize Farm encourages all staff and clients to get tested after 5 days to confirm a negative test result. While a negative test result is not required to return to DF, the Champaign County Health Department does encourage it.
- Any person who tests positive but does not become symptomatic may return to work after day seven of quarantine.

2. If member in the household of a client or staff member tests positive:

- Client and/or staff will remain home for the quarantine period from the date the family member became symptomatic.
- If there are multiple people in the home, the quarantine period would start over again if another person begins showing symptoms. If it is suspected that the second person's illness is not Covid, a negative test result from the second person will allow the client/staff to resume the original quarantine period date.
- The client or staff can start the process of returning to work/programming by getting a test five days after the last person in the household starts showing symptoms so that you can return on day eleven. A staff or client who is not symptomatic should wait at least five days from the start of quarantine or if they become symptomatic to be tested. A negative test will not allow you to return to work/programming earlier than the quarantine period.

3. Clients/Staff sharing dwellings with another client/staff:

- If a member of the household tests positive, see policy 2.
- If a client or staff is quarantined due to close contact as described in policy 1 and shares a dwelling space with another staff/client, that person will also be quarantined, regardless of whether they participate in the same programming group.

4. Downsize Farm Procedures:

- Individuals and households who may have come in contact with COVID-19 on Downsize grounds will be notified within 24 hours of potential exposure. Individuals who attend programming but were not subject to exposure or potential exposure may not be notified.
- Downsize Farm reserves the right to send home staff and clients who are exhibiting signs of COVID-19. Downsize Farm may ask staff and clients to quarantine per the recommendation of our Medical Services Coordinator, and the Champaign County Health Department. Downsize Farm encourages testing to anyone exhibiting these symptoms as the *return of a negative test*** will allow you to return to Downsize more quickly.
 - ***return of a negative test in this scenario does not apply to people who have tested positive or been in contact with someone who tested positive and have not yet fulfilled their seven day quarantine period.*
- Per the recommendation of the CDC, Downsize Farm encourages all staff and clients to get vaccinated if they have the means to do so. If you are unsure about the vaccine, learn more at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>.