



COVID-19 PROTOCOL

Downsize Farm encourages staff, clients, and families to work to maintain the safety of everyone involved with our organization. We encourage everyone to follow proper social distancing and use of PPE when appropriate and remain hyper vigilant to symptoms of COVID-19, especially following any vacations, parties or events. If you or anyone in your household begins to exhibit any signs or symptoms, we ask that you stay home in order to secure the safety of all other Downsize Farm Attendees.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In Order to ensure safety of all program participants and staff, Downsize Farm will also take additional measures if we know or suspect COVID-19 Exposure. Please see the protocol below.

Terms:

Close Contact Exposure

- Close contact is described as any person who has been in contact with someone who tested positive for COVID-19:
 - Within 6 feet of distance (regardless of PPE use),
 - For a cumulative 15 minutes or greater,
 - And within 48 hours prior to the person becoming symptomatic.
- All three of these factors must exist at once but Downsize Farm does reserve the right to quarantine any individual who may fit this description.
- Close contact guidelines still apply regardless of whether or not the individual is vaccinated.

Quarantine

- For Quarantine, we will expect clients and staff to follow the guidelines outlined by CDC:
- <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Masks

- At this time use of masks or other PPE is at the discretion of the staff, client and the individual's family. Masks will not be required unless CDC changes the requirements currently in place.

Testing

- Staff and clients who show symptoms but choose not to test will be treated as if they are positive. Quarantine protocol is as stated above.

Protocol:

1. **If a client or staff tests positive:**

- Client and/or staff will remain home for quarantine period from the date that the client/staff becomes symptomatic. Downsize Farm encourages all staff and clients to get tested after 5 days to confirm a negative test result. While a negative test result is not required to return to DF, the Champaign County Health Department does encourage it.
 - Any person who tests positive but does not become symptomatic may return to work after day seven of quarantine.
- 2. If member in the household of a client or staff member tests positive:**
- Client and/or staff will remain home for the quarantine period from the date the family member became symptomatic.
 - If there are multiple people in the home, the quarantine period would start over again if another person begins showing symptoms. If it is suspected that the second person's illness is not Covid, a negative test result from the second person will allow the client/staff to resume the original quarantine period date.
- 3. Clients/Staff sharing dwellings with another client/staff:**
- If a member of the household tests positive, see policy 2.
 - If a client or staff is quarantined due to close contact as described in policy 1 and shares a dwelling space with another staff/client, that person will also be quarantined, regardless of whether they participate in the same programming group.
- 4. Downsize Farm Procedures:**
- Individuals and households who may have come in contact with COVID-19 on Downsize grounds will be notified within 24 hours of potential exposure. Individuals who attend programming but were not subject to exposure or potential exposure may not be notified.
 - Downsize Farm reserves the right to send home staff and clients who are exhibiting signs of COVID-19. Downsize Farm may ask staff and clients to quarantine per the recommendation of our Medical Services Coordinator, and the Champaign County Health Department. Downsize Farm encourages testing to anyone exhibiting these symptoms as the *return of a negative test*** will allow you to return to Downsize more quickly.
 - ***return of a negative test in this scenario does not apply to people who have tested positive or been in contact with someone who tested positive and have not yet fulfilled their seven day quarantine period.*
 - Per the recommendation of the CDC, Downsize Farm encourages all staff and clients to get vaccinated if they have the means to do so. If you are unsure about the vaccine, learn more at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html>.